

September Newsletter 2023



Autumn Reset & Summer 2023

Yes it my Autumn reset has begun, check out my blog [everyone can build a castle](#) where these newsletters are posted each month and getting tasks finished to make room for more, and letting go of the summer.



This picture is what I used for my thumbnail I used for one of my weekly vlog, which was during the summer holidays and sorted out my make up, and went to a football match/

Check out my Youtube channel:
<https://www.youtube.com/@typicallondongal>

I am filming my Autumn reset and so once I have uploaded the weekly vlogs of the Summer holidays as there was a lot of things I wanted to share, these will be up too fairly soon.

This image on the right, was from our trip to North Greenwich and it was such a good day out travelling by Uber Boat which you can travel using an Oyster Card or bank card and we did two trips and this one we did was from North Greenwich to Putney.

I until then, not used an Uber Boat to travel on, before and check out North Greenwich when you visit London as the O2 is there and you can have a good shop, I did the Virtue Roller Coaster they had and can have a nice meal and drink too.

We also went to Battersea Park Zoo and I have to go there each year. because it is one of my favourite parks and you can from there walk to Battersea Power station, which have shops and restaurants and bars too by the river and then walk on or travel to the Southbank, and I love being by the river, as it takes the hustle and bustle out from the city, and so was a great summer and so looking ahead now and going to enjoy the Autumn just as much.



It is coming up to birthday season for me and that means looking for gifts and I did a video a while back on my Youtube channel, [My way of Living](#) talking about Investing in your kids and buying gifts and is mine this month and so will be doing content in regards to that and never stress about it. Gifts don't have to be big, but something that will make them smile, even if it is cooking a meal for them, a photo book or a trip to a city or to the country side. I will be going to a show, a gift from my mum, in London Victoria called Hamilton and that suits me down to the ground and will film part of my birthday and will give feedback on the show once seen it. Just so good to do something different.

Mum&Me




Gucci Tits, PTFA, Virtue Bake Off and Drag Queen

by Carrie Holmes


Check out my book Mum&Me available from Amazon, in Paperback and Kindle, and is a comedy about a mother and a daughter who live together but drive each other insane, as Elizabeth lives in chaos and they moan about each others driving, and very different, and Mum is obsessed with buying on TV Shopping Channels and online stores and says they are for Elizabeth, stuff she never going to use, and Elizabeth has arch rival called Gloria and meets a handsome drag queen. I want you to enjoy it and have a good laugh, and will be a series, do more books to come.

https://www.amazon.co.uk/Mum-Me-Gucci-Tits-Virtue/dp/BOBGNF4LNF/ref=sr_1_1?crid=2ZS3FRRZB5YHR&keywords=Mum%26Me+by+Carrie+Holmes&qid=1695633136&s_prefix=mum%26me+by+carrie+holmes%2Caps%2C363&sr=8-1


Check out my Youtube channels, and social media sites.




Typical London Gal Carrie...
Real time videos of a mum and writer living in London, and on topics such...
[youtube.com](https://www.youtube.com)



My Way of living
This channel is for my new blogspot blog called:...
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Nothing to see here - yet
When they Tweet, their Tweets will show up here.



Typical London Gal/Carrie Holmes

IF THE PLAN DOESN'T WORK, CHANGE THE PLAN, BUT NEVER THE GOAL.

Transform Your Life With This 30-day challenge

Feeling confident in your own skin